

# MENTORING WORKS!

National research has shown that positive relationships between Littles and their Bigs have a direct and measurable impact on children's lives.

The Big Brothers Big Sisters Youth Outcomes Survey Report found that for youth enrolled in our Community Based mentoring program:

**94%** maintained or improved in their attitudes towards risky behaviors

**88%** maintained or improved in parental trust

**85%** maintained or improved in their educational expectation

**83%** maintained or improved in social acceptance



No one size fits all, we have several Community and Site based mentoring programs to meet the needs of children in our communities. They include:

## Community Based Programs:

- One-to-One Mentoring
- Sibling Support Program for Families with Special Needs Children

## Site Based Programs:

- College based Mentoring Programs
- High School Bigs Mentoring Programs
- Workplace Mentoring Programs



## CONTACT US

(516) 731-7880 Ext. 212

[www.bbbsli.org](http://www.bbbsli.org)



[www.facebook.com/bbbsli](http://www.facebook.com/bbbsli)

[www.instagram.com/bbbsli/](http://www.instagram.com/bbbsli/)

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# MENTORING PROGRAM

[www.bbbsli.org](http://www.bbbsli.org)

# ABOUT US

For over 40 years, Big Brothers Big Sisters of Long Island (BBBSLI) has operated under the belief that inherent in every child is the ability to succeed and shine. Our mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth.

BBBSLI believes that by changing the course of young lives, we can in turn change the course of a community's future. Mentoring youth can lead to a reduction in poverty and unemployment, to safer schools and neighborhoods, or to a renewed optimism for growth. We believe that opening a child's eyes to what is – opens their mind to what could be.

There are no fees for the families participating in our program.

By partnering with parents/guardians and volunteers, we are accountable for each child achieving in the classroom and in the community:

- HIGHER ASPIRATIONS
- BETTER RELATIONSHIPS
- GREATER CONFIDENCE
- EDUCATIONAL SUCCESS
- AVOIDANCE OF RISKY BEHAVIORS



# ENROLL A CHILD

## BECOMING A LITTLE

As a parent, you recognize the potential of your child better than anyone. By giving them the opportunity to be part of Big Brothers Big Sisters of Long Island, you're starting them down a path to a bright, more promising future.

Our Program Team of professional staff works closely with the child, their family and the mentor to ensure a safe, lasting relationship that positively benefits all parties. Our professionally supported, 1-to-1 quality mentoring relationships help children succeed in and out of school. Prospective Littles must be between the ages of 7-16 years old, and reside in Nassau or Suffolk counties.

## OUR COMMITMENT TO SAFETY

We identify and screen qualified, dedicated volunteers from our community. Our paid professional staff trains and guides them throughout the enrollment process to ensure a positive experience for everyone involved.

## CONSISTENCY IS KEY

Consistency is the key to the success! The children in this program look forward to seeing their "Big" regularly. Spending consistent time together enables a friendship to grow.

*"Having a Big Sister has taught me how to be my own person and to feel proud about who I am"*

- Nounecia, Age 11

# TAKING ACTION

## BECOMING A BIG

For a few hours a month, you can help a child succeed. By simply changing their perspective on what the world can offer you can start changing their lives.

## WHAT TO EXPECT

Our Program Team is there to work with you, the child and the family throughout the course of the mentoring relationship to provide necessary training and support.

Every match is different. Some Bigs meet their Littles on the weekends. Others get together with their Littles in the evenings. Each match develops a schedule that works for them. Spending time with their Big doesn't require a special occasion or an expensive activity, just a few hours every month doing things they enjoy. For example:

- Playing catch in the park
- Visiting the library
- Going to a museum

## TAKE THE FIRST STEP

Please visit us at [www.bbbsli.org](http://www.bbbsli.org) or you can call us with questions at: (516) 731-7880 x212

