

# MENTORING WORKS!

National research has shown that positive relationships between Littles and their Bigs have a direct and measurable impact on children's lives.

The Big Brothers Big Sisters Youth Outcomes Survey Report found that for youth enrolled in our Community Based mentoring program:

**94%** maintained or improved in their attitudes towards risky behaviors

**88%** maintained or improved in parental trust

**85%** maintained or improved in their educational expectation

**83%** maintained or improved in social acceptance



Contact Us  
(516) 731-7880 Ext. 212  
[www.bbbsli.org](http://www.bbbsli.org)



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**Big Brothers Big Sisters**  
of Long Island



**Sibling Support Program**  
[www.bbbsli.org](http://www.bbbsli.org)

# ABOUT US

Big Brothers Big Sisters of Long Island (BBBSLI) provides children facing adversity with strong and enduring, professionally supported 1-to-1 mentoring relationships that change their lives for the better, forever.

Incorporated in 1977, Big Brothers Big Sisters of Long Island is a private, non-sectarian, not-for-profit, 501c3 tax exempt organization. BBBSLI makes meaningful matches between adult volunteers (“Bigs”) and children (“Littles”) that are supported year round by our Program Team. Volunteers make a one year commitment to the program to provide positive adult role modeling to a child in need.

There are no fees for the families participating in our program.

By partnering with parents/guardians and volunteers, we are accountable for each child achieving in the classroom and in the community:

- Higher Aspirations
- Better Relationships
- Greater Confidence
- Educational Success
- Avoidance of Risky Behaviors



# ENROLL A CHILD

## Sibling Support Program

Our Sibling Support Program, which is part of our Community Based Mentoring Program, specifically focuses on matching the siblings of special needs children with a volunteer mentor. Mentors can provide the additional support and individualized attention a sibling may be seeking. The volunteers meet with the children regularly, sharing activities, experiences and friendship.

Raising a child with special needs presents unique challenges. Parents often feel pulled in several different directions and there may be times when other children in the family need additional attention. Siblings often share many of the concerns that parents of children with special needs experience, including isolation and apprehension about the future.

A Sibling Support match is designed to enrich the life of a child by providing one-to-one interaction and support for issues commonly faced by a special needs sibling including resentment, peer issues, embarrassment and pressure to achieve.

## Our Commitment to Safety

We identify and screen qualified, dedicated volunteers from our community. Our paid professional staff trains and guides them throughout the enrollment process to ensure a positive experience for everyone involved.

## Ready to Enroll?

Please visit “Enroll A Child” at [www.bbbsli.org](http://www.bbbsli.org)  
or you can call us with questions at:  
(516) 731-7880 x212

**When calling, please mention your interest in the**

# TAKING ACTION

## What To Expect

Our program matches children between the ages of 7-16, one-to-one with a mentor. Volunteers and families make a one year commitment to participate in the program. BBBSLI provides on-going professional support and guidance throughout the duration of the match.

For a few hours, a couple times a month, your child will meet with their Big. Every match is different. Some Bigs meet their Littles on the weekends. Others get together with their Littles in the evenings. Each match develops a schedule that works for them. Spending time with their Big doesn’t require a special occasion or an expensive activity, just a few hours a month doing things they enjoy. For example:

- Playing catch in the park
- Visiting the library
- Going to a museum
- Exploring sites within the community

## Consistency is Key

Consistency is key to the success of the relationship. The children in this program look forward to seeing their “Big” regularly. Spending consistent time together allows for the child and their mentor to develop a meaningful lasting relationship.

