

# MENTORING WORKS!

National research has shown that positive relationships between Littles and their Bigs have a direct and measurable impact on children's lives.

The Big Brothers Big Sisters Youth Outcomes Survey Report found that for youth enrolled in our School and Site-Based mentoring programs:

**90%** maintained or improved in social acceptance

**87%** maintained or improved in their educational expectations

**86%** maintained or improved in parental trust and

**84%** maintained or improved in their grades



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**High School Bigs  
Mentoring Program**  
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# ABOUT US

Big Brothers Big Sisters of Long Island (BBBSLI) provides children facing adversity with strong and enduring, professionally supported 1-to-1 mentoring relationships that change their lives for the better, forever.

Incorporated in 1977, Big Brothers Big Sisters of Long Island is a private, non-sectarian, not-for-profit, 501c3 tax exempt organization. BBBSLI makes meaningful matches between adult volunteers (“Bigs”) and children (“Littles”) that are supported year round by our Program Team. Site based volunteers make a school year commitment to the program to provide positive adult role modeling to a child in need.

There are no fees for the families participating in our program.

By partnering with parents/guardians and volunteers, we are accountable for each child achieving in the classroom and in the community:

- **Higher Aspirations**
- **Better Relationships**
- **Greater Confidence**
- **Educational Success**



# ENROLL A CHILD

## High School Bigs Mentoring Program

Our High School Bigs Site based Mentoring Program matches qualified and trained high school students, who are at least 16 years of age, with elementary school students in need of a positive role model. Our program focuses on building friendships, providing academic encouragement, and developing appropriate social skills in a fun environment that is supervised by a BBBSLI Program Team Member. This is not a tutoring program, but rather a chance for high school students to model positive behavior and provide friendship to a younger student, while reinforcing the importance of learning.

The younger students gain confidence, while the older students build leadership skills. Teens learn that as individuals they can shape the world and have a positive impact on their community. Each match relationship benefits both the elementary student and the high school student serving as a mentor.



## Our Commitment to Safety

We identify and screen qualified, dedicated high school student volunteers. Our paid professional staff trains and guides them throughout the process to ensure a positive experience for everyone involved. A BBBSLI staff member is always present, supervising the matches, while providing support and assistance to both volunteers and children, allowing the best opportunity for the relationship to succeed.

# TAKING ACTION

## What To Expect

Elementary school teachers and counselors identify students who can benefit most from a positive role model in their life. We carefully select a high school mentor for each child based on shared interests and compatibility. Once the pairs are introduced, high school volunteers and children meet regularly during the school year – typically each week, utilizing the resources available within the school: computer labs, library, gymnasium, classroom, or schoolyard. During the summer, they may exchange letters or attend an agency-sponsored event.

## Consistency is Key

Consistency is the key to the success! The children in this program look forward to seeing their “Big” regularly. Spending consistent time together enables a friendship to grow. We ask the high school volunteers for a school year commitment although matches may continue from one school year to the next.

## Want to Learn More?

Contact Rachele Ayala, Manager of Site Based Programs (631) 273-1469 x202 or e-mail: [rayala@bbbsli.org](mailto:rayala@bbbsli.org). Please mention your interest in the “High School Bigs Mentoring Program” and reference the town in which you reside.

