

# MENTORING WORKS!

National research has shown that positive relationships between Littles and their Bigs have a direct and measurable impact on children's lives.

The Big Brothers Big Sisters Youth Outcomes Survey Report found that for youth enrolled in our School and Site-Based mentoring programs:

**90%** maintained or improved in social acceptance

**87%** maintained or improved in their educational expectations

**86%** maintained or improved in parental trust

**84%** maintained or improved in their grades



Contact Us  
(516) 731-7880 Ext. 202  
[www.bbbsli.org](http://www.bbbsli.org)



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## College Mentoring Program

[www.bbbsli.org](http://www.bbbsli.org)

## About Us

Big Brothers Big Sisters of Long Island (BBBSLI) provides children facing adversity with strong and enduring, professionally supported 1-to-1 mentoring relationships that change their lives for the better, forever.

Incorporated in 1977, Big Brothers Big Sisters of Long Island is a private, non-sectarian, not-for-profit, 501c3 tax exempt organization. BBBSLI makes meaningful matches between adult volunteers (“Bigs”) and children (“Littles”) that are supported year round by our Program Team. Site based volunteers make a school year commitment to the program to provide positive adult role modeling to a child in need.

There are no fees for the families participating in our program.

By partnering with parents/guardians and volunteers, we are accountable for each child achieving in the classroom and in the community:

- Higher Aspirations
- Better Relationships
- Greater Confidence
- Educational Success



## We Make a Difference

Our site-based college mentoring program provides mentors who help children build their self-confidence, improve their peer interactions and improve their academic abilities. The program is designed to match children with a college student who acts as a positive role model and can provide the opportunity for a child to see the benefits of pursuing a higher education. By sharing their academic achievements and commitment to higher education, it allows our students to see what is possible for their future.

With this program taking place on a college campus our site-based mentoring program offers mentees a unique experience outside of the classroom.

## Consistency is Key

Consistency is the key to the success! The children in this program look forward to seeing their “Big” regularly. Spending consistent time together enables a friendship to grow. We ask the college volunteers for a school year commitment although matches may continue from one school year to the next.

We identify and screen qualified, dedicated college students. Our paid professional staff trains and guides them throughout the process to ensure a positive experience for everyone involved.

A BBBSLI staff member is always present, supervising the matches, while providing support and assistance to both volunteers and children, allowing the best opportunity for the relationship to succeed.

**“My Big Sister has taught me to always be myself”,  
- Arianna, Age 11**

## What To Expect

Teachers and counselors identify students who can benefit most from a positive role model in their life. We carefully select a college mentor for each child based on shared interests and compatibility. Once the pairs are introduced, college volunteers and students meet on the college campus regularly during the school year – typically each week.

BBBSLI transports students from their school to the college campus and facilitates activities. A customized curriculum engages volunteers to assist with homework, partake in conversation, and overall, be a positive influence in the life of the child.

Each visit contains individual one-to-one time shared between each Big and Little followed by a group activity with all matches in the program. This one-to-one time can be used in a variety of ways including talking and learning about each other, helping with school projects, teaching skills or giving guidance. In addition to helping a child see his or her true potential, college student volunteers in the program will be receiving approximately 30 hours of community service.



## Want to Learn More?

Contact Rachelle Ayala,  
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Please mention your interest in the  
**“College Mentoring Program”**